

Kenosha Area Family & Aging Services, Inc.
2017 Parenting class schedule

Wednesdays, 4/5 - 6/14, 3-4:30pm Instructor/ Benita

Tuesdays, 6/13 - 8/29, 5 - 6:30pm Instructor/Kim
(This session located at KAFASI, 7730 Sheridan Rd
*Note there will be NO CLASS JULY 4TH !!!!!!!!)

Tuesdays, 9/12- 11/14, 9 - 10:30 am Instructor/ Anid

Parenting classes through KAFASI are eleven weeks long, meet once per week, and are located at the Job Center across from PSN resource center 8600 Sheridan Rd. (Unless noted elsewhere above).

Any questions please contact:

Kim Pedersen/Prevention Services Coordinator
(262) 658-3508 ext. 132
or kpetersen@kafasi.org

*****Please note that Spanish speaking parenting classes are available upon request! For more information, please contact Anid Perez at 658-3508 ext. 121 or ALperez@kafasi.org**

We will discuss the following topics:

*Family Values & Morals
Family Rules & Family Meetings
Behavior Management
Recognizing & Communicating Feelings
Responsible Parenting
Empathy & Needs
Personal Power
Age Appropriate Expectations
Managing Stress & Anger
Routines & Schedules
Problem Solving
Self Worth*

***Remember....
A Healthy Family and Healthy
Children Start with You!***

