



## **ANGER MANAGEMENT**

UNDERSTAND ANGER & STRESS ISSUES

LEARN A POSITIVE APPROACH ON ANGER

UNDERSTAND ANGER AND ITS TRIGGERS

LEARN HOW TO KEEP YOUR POWER, YET EXPRESS YOURSELF IN A POSITIVE WAY!!



**BEGINS Tuesday, January 15, 2019**

**ENDS Tuesday, April 9, 2019**

**5:30 PM - 7:30 PM**

**7730 SHERDIAN ROAD**

**KENOSHA, WI. 53143**

**NO CLASS TUESDAY 03/05/2019**

ANY QUESTIONS PLEASE CALL: LISA BOWE, BA CAMF  
262-658-3508 X. 113 OR  
262-818-1452  
Email: [lbowe@kafasi.org](mailto:lbowe@kafasi.org)

12 weeks session – once a week (Self referrals – Probation/Parole- Other Agencies- Other Counties)

### **CASH ONLY**

\$20.00 a session or \$240 total. Payments due weekly. Individuals may miss no more than one session which needs to be made up in order to receive credit and/or be reported as complete.