



2018 Parenting Class Schedule

Wednesday, 1/10- 3/21, 9 - 10:30 am Instructor/ Joy

Wednesday, 4/11 - 6/20, 5 - 6:30 pm Instructor/ Joy*

Wednesday 6/27 - 9/5, 5 - 6:30 pm Instructor/ Joy*
NO CLASS JULY 4TH

Wednesday, 9/12- 11/21, 9 - 10:30 am Instructor/ Anid

Morning Parenting classes are one time per week for 11 weeks and will be located at the Job Center across from PSN Resource Center-8600 Sheridan Rd. Evening Parenting classes are one time per week for 11 weeks and will be located at Kenosha Area Family Aging Services INC main office-7730 Sheridan Road.

Any questions please contact:

Kim Pedersen/Prevention Services Coordinator
(262) 658-3508 ext. 132
or kpetersen@kafasi.org

*****Please note that Spanish speaking parenting classes are available upon request! For more information, please contact**

Anid Perez at 658-3508 ext. 121 or alperez@kafasi.org

We will discuss the following topics:

*Family Values & Morals
Family Rules & Family Meetings
Behavior Management
Recognizing & Communicating Feelings
Responsible Parenting
Empathy & Needs
Personal Power
Age Appropriate Expectations
Managing Stress & Anger
Routines & Schedules
Problem Solving
Self-Worth
Trauma Informed Parenting*

Remember....

***A Healthy Family and Healthy Children
Start with You!***

