

KAFASI

Kenosha Area Family and Aging Services, Inc.

- 1 Mon: Pork Roast w./Cinnamon Apples, Au Gratin Potatoes, Peas and Carrots, Wheat Bread, Pumpkin Bar, Cream of Celery Soup
- 2 Tue: **Cheeseburger OR Deviled Egg Salad**, Sliced Wheat Bun, Lettuce & Tomato Garnish, Tomato Soup, Chilled Pears and Cranberries, Pea Salad
- 3 Wed: Salisbury Steak w/Gravy, Mashed Potatoes, Harvard Beets, Multi-Grain Dinner Roll, Pineapple Tidbits, Vegetable Lentil Soup
- 4 Thu: Hot Dog, w/Wheat Bun, Oven Fries, Country Blend Vegetable, Banana, Navy Bean Soup
- 5 Fri: Classic Lasagna w/Meat Sauce, Broccoli, Chef's Choice Vegetable, Wheat Bread, Oatmeal Raisin Cookie, Fruit Cup
- 8 Mon: Roast Turkey w/Gravy, Baked Sweet Potatoes, Mixed Vegetables, Bread Stuffing, Chef's Fruit, Minnesota Wild Rice Soup
- 9 Tue: **Spinach Swiss Souffle OR Chicken Caesar Salad**, Lettuce & Tomato, Multi Grain Bread, Lumberjack Vegetable Soup, Ranger Cookie, Ambrosia Fruit Custard
- 10 Wed: Spaghetti and Meatball Marinara, Mixed Salad Greens w/Chick Peas, French Bread, Warm Peach Cobbler, Vegetarian Minestrone
- 11 Thu: Chopped Steak and Gravy, Mashed Potatoes, Cauliflower and Red Peppers, Wheat Bread, Mandarin Oranges, Cream of Broccoli Soup
- 12 Fri: Citrus Alaskan Pollock, Vegetable Rice Pilaf, Northern Bean and Tomato Medley, Multi Grain Dinner Roll, Mixed Salad Greens, Fresh Melon
- 15 Mon: Hot Roast Beef, Mashed Potatoes w/Gravy, Northwest Blend Medley, Wheat Bread, Fresh Orange, Soup de Jour
- 16 Tue: **BBQ Riblet w/Bun OR Chicken Salad w/Bun**, Lettuce & Tomato, Cream of Potato Soup, Rye Bread, Cinnamon Apples, Chef's Choice
- 17 Wed: Turkey Divan, Vegetable Rice Pilaf, Broccoli, Chef's Fruit, Biscuit, Oatmeal Raisin cookie, Cream of Mushroom Soup
- 18 Thu: Western Strata Bake, Hash Browned Potatoes, Maple Glazed Pears, Raisin Bread, Cranberry Juice, Banana
- 19 Fri: Chicken Breast Parmesan, Penne Pasta w/Marinara, Squash Medley, French Bread, Chilled Peaches, Mixed Salad Greens
- 22 Mon: Sliced Bavarian Style Bratwurst, Diced Parslied Potatoes, Carrots, Rye Bread, Fresh Melon, Cream of Cauliflower Soup
- 23 Tue: **Chicago Hot Dog w/Bun OR Turkey Pasta Salad w/ Shell Rigate, Crackers**, Lettuce & Tomato, Tomato Lentil, Gramma's Apple Bar, Pineapple Orange Salad
- 24 Wed: Texas Chili, Mac & Cheese, Country Blend Vegetable, Corn Bread, Fruit Cocktail, Cole Slaw
- 25 Thu: Veal Marsala, Scalloped Potatoes, Stewed Tomatoes, Multi-Grain Dinner Roll, Chilled Pears, Beet Salad
- 26 Fri: Potato Crusted Fish Filet, Baked Potato, California Blend, Wheat Bread, Lemon Mandarin Pudding, French Onion Soup
- 29 Mon: Slow Roasted Beef w/ Gravy, Mashed Potatoes, Brussel Sprouts, Multi Grain Bread, Ranger Cookie, Chilled Pears
- 30 Tue: **Meatball Sandwich OR Sliced Turkey Rollup w/Spinach and Cheddar on Soft Wheat Tortilla**, Lettuce & Tomato, Bean Soup, Banana, Melon
- 31 Wed: Spaghetti and Meatball Marinara, Chef's Choice Vegetable, Garlic Bread, Chilled Peaches, Cream of Broccoli Soup

Senior Dining
October

dining site locations...

EASTERN KENOSHA COUNTY

Kenosha Senior Center
2717 67th Street
Call Deb at 262-658-9311
Serves 11:45, M-F

Lakeside Towers
5800 3rd Avenue
Call O.B at 262-654-0103
Serves 11:30, M-W; F
***Salad Bar Thursdays, 11:-00 - 12:30**

Parkside Baptist Church
2620 14th Place
Call Sean at 262-552-7737
Serves 11:45, M-W; F
***Salad Bar Thursdays, 11:-00 - 12:30**

Boys & Girls Club
1715 52nd Street
Call Diana at 262-658-0237
Serves 12:15 Wednesdays

REGULAR SENIOR DONOR SITES/DAYS

- * Meals include soup or salad, dessert and beverage
- * Meals are offered for a suggested donation of \$3.00
- * Open to anyone age 60+ and a spouse regardless of age.
- * Reservations must be made by 10:30 a.m. at least 24 hours, one business day in advance. Monday cancellations must be called in the Friday before.

*SALAD BAR DAYS**

Locations indicated have a separate menu for salad bar days, consisting of a variety of salad toppings, premade salads, fruit, sandwich and soup. No reservations needed for salad bar days and guests are welcome to arrive anytime between the designated timeframe.

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2018

WESTERN KENOSHA COUNTY

Westosha Community Center
19200 93rd Street-Bristol
Call Ken at 262-358-5554
Serves 12:00, M-W; F
***Salad Bar Thursdays, 11:-00 - 12:30**

New Life Bible
112 W. Main Street-Twin Lakes
Call Diana at 262-358-5779
Serves 12:00, M, Tu, Th

The Sharing Center
25700 Wilmot Road (Hwy. C)
Call Julie at 1-262-948-9890
Serves 11:30, M, W, F

Rainbow Lake Manor
19900 128th Street-Bristol
Call Diana @ 262-658-0237
Serves 12:00 Fridays

RESTAURANT SENIOR SPECIALS

Village Pub of Silver Lake
307 N Cogswell Drive - Silver Lake
Call Diana at 262-358-5779
Serves W, F 11:30 - 1:30

No reservations needed, arrive
anytime between designated
timeframe. Suggested donation of
\$4.00. Choose from a few menu
options. Guests under 60 may order
from regular restaurant menu.