



Fall 2022 Parenting Class Schedule

Tuesdays 9/20 thru 11/15 9 to 10:30 AM

Tuesdays 10/4 thru 12/6 5:30 to 7 PM

All parenting classes meet one time per week.

All parenting classes are online Via Zoom

(due to the COVID 19 pandemic)

Spanish speaking parenting classes are available upon request

Fee for class is:

Non-resident \$75 (due first day of class)

Kenosha County Resident \$30

Kenosha DCFS referral \$15

*If interested in taking the class, please contact
Joy Bjerk - Parenting Class Facilitator/Instructor
at 262-818-3448 or jbjerk@kafasi.org*

We will discuss the following topics:

*Family Values & Morals
Family Rules & Family Meetings
Behavior Management
Recognizing & Communicating Feelings
Responsible Parenting
Empathy & Needs
Personal Power
Age Appropriate Expectations
Managing Stress & Anger
Routines & Schedules
Problem Solving
Self-Worth*

Remember....

*A Healthy Family and Healthy Children
Start with You!*

